



Week 6 (October 2-8): Lesson Guide

Open in prayer

Welcome/Introductions

Ask the group to recall the guidelines for discussion that we use to create a safe environment.

Ask someone to retell the story from last week (an extremely perverted sexual sin in the church).

Ask the Hook Question: “What sin issue or bad habit have you made real efforts to stop or break but you have not been successful yet?”

Ask someone from your team to read or tell the following background for the story:

The law of sin that abides in us is powerful and can exercise influence over our mind, will, and emotions. As Christians, Jesus has freed us from the law of sin. However, Paul teaches clearly that, though we are set free and have been made righteous by grace through faith, we can still choose to submit ourselves to the law of sin rather than the Spirit of God. What foolishness! This goes to show how powerful the law of sin can be when it comes to influencing our behavior.

Today’s story is a perfect example of the law of sin ruling over someone. It is a story of the first recorded sin in the Bible after Adam and Eve sinned in the Garden of Eden. The story is about Cain, the firstborn son of Adam and Eve, and Abel, their second born son. Abel kept flocks, while Cain worked the soil. This is where our story begins...

Tell the story from Genesis 4:3-16

Rebuild the story – (Group members retell the story based on what they remember)

Read Genesis 4:3-16 – (Ask the group to read these verses)

Discuss these questions:

Head
Questions:
Quicker
tempo.

- What do you notice about the power of sin in this story?
- How did God show grace to Cain in this story?
- What does this story teach us about people?
- What does this story teach us about God?

Heart Question:
Slow down & wait!

- What sin issues have you had the hardest time battling in your life? Are you winning the battle right now?
- Are you confident that Jesus has saved you from your sins and given you the Holy Spirit?
 - If yes, how do you know the Holy Spirit is in you?
 - If no, would you like to trust in Jesus for forgiveness of sins and receive the Holy Spirit today?

Action
Lines

- **Action Step:** In light of what God has shown you tonight, what do you need to do next?
- Practice sharing Jesus! Who can retell this week’s Bible story to our group?
- Go share Jesus this week! Invite others to group and share this Bible story with someone else.

Series Memory Verse: Ephesians 4:15, “speaking the truth in love, we are to grow up in every way into him who is the head, into Christ.” (Continue to challenge your group!)

Ask for a volunteer to tell the Bible story next week. (Consider having your apprentice facilitate.)

Prayer: First, pray for one another based on today’s discussion. Close by praying for any other needs in the group.

Keep your group connected before you dismiss (review announcements at www.westernhillchurch.com/rightnow).