

# Powerful prayers

## Psalm 46 – Powerful Prayers

**Powerful Prayers are prayers rooted in prophecy.**

### Learning to Pray Powerful Prayers Based on Prophecy:

- Understand the passage
- Identify prophecy in the passage
- Pray in agreement with prophecy

Open your Bibles to Psalm 46.

Andrew Peterson's song *Is He Worthy*

**Psalm 46** is the answer to this longing. It is going to tell us **what God's presence brings in the midst of terrible troubles.**

### Terrible Troubles

- Troubles with health.
- Troubles with grief.
- Troubles in finances.
- Troubles in relationships.
  - Troubles because of our wrong choices.
  - Troubles because of the wrong choices of others.

Do you feel the world is broken? TROUBLES.

Do you feel the shadows deepen? IMAGERY of Psalm 46:1-3 (chaos).

### Psalm 46

<sup>1</sup> God is our refuge and strength,  
a very present help in trouble.

<sup>2</sup> Therefore we will not fear though the earth gives way,  
though the mountains be moved into the heart of the sea,

<sup>3</sup> though its waters roar and foam,  
though the mountains tremble at its swelling. *Selah*

<sup>4</sup> There is a river whose streams make glad the city of God,  
the holy habitation of the Most High.

<sup>5</sup> God is in the midst of her; she shall not be moved;

God will help her when morning dawns.  
<sup>6</sup>The nations rage, the kingdoms totter;  
 he utters his voice, the earth melts.  
<sup>7</sup>The LORD of hosts is with us;  
 the God of Jacob is our fortress. *Selah*

<sup>8</sup>Come, behold the works of the LORD,  
 how he has brought desolations on the earth.  
<sup>9</sup>He makes wars cease to the end of the earth;  
 he breaks the bow and shatters the spear;  
 he burns the chariots with fire.  
<sup>10</sup>“Be still, and know that I am God.  
 I will be exalted among the nations,  
 I will be exalted in the earth!”  
<sup>11</sup>The LORD of hosts is with us;  
 the God of Jacob is our fortress. *Selah*

**God’s presence brings comfort and confidence in the midst of  
 terrible troubles.**

**Learning to Pray Powerful Prayers Based on Prophecy:**

- Understand the passage
- Identify prophecy in the passage
- Pray in agreement with prophecy

**We understand the passage. Let’s work on identifying the prophecies in this passage together.**

**3 Prophecies in Psalm 46 for Times of Terrible Troubles:**

1. We will not fear.                   vv. 1-2
2. God will be exalted.             v. 10
3. God will end all wars.           v.9

**Powerful Prayers are often declarations, not requests.**

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| <ul style="list-style-type: none"> <li>• God, would You help me not fear?</li> <li>• God, would You be exalted?</li> <li>• God, would You bring an end to my troubles?</li> </ul> | <ul style="list-style-type: none"> <li>• God, I will not fear because You are my refuge and my strength!</li> <li>• God, You will be exalted!</li> <li>• God, You will bring an end to my troubles – You will end all wars!</li> </ul> |
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**Powerful prayers that are rooted in prophecy require FAITH.**

**Learning to Pray Powerful Prayers Based on Prophecy:**

- Understand the passage
- Identify prophecy in the passage

- Pray in agreement with prophecy

**Practice:**

What trouble(s) are you facing right now in your life? Let's pray together based on Psalm 46...

Oh God  
At times my troubles feel terrible  
Sometimes it feels  
Like my whole world is falling apart  
But You, Oh God  
Are very present in my troubles  
Therefore  
I will not fear!  
No matter what  
Because You are my refuge and my strength  
Chaos may surround me  
But in Your presence  
I find comfort and confidence  
Oh God  
You will be exalted  
In all the earth  
And You will be exalted  
In my life  
And you will be exalted  
In my troubles  
In You I have hope  
Because you are the God  
Who will end all wars  
And make all my troubles cease  
Thank You, God!  
I trust You  
In the midst of my troubles  
I believe that You are in control  
I believe that You are good.            Amen!